

west coast

CHOREO LAB

www.westcoastchoreolab.com

2020

Choreographic Mentorship

Welcome to West Coast Choreo Lab's 2nd annual Choreographic Mentorship!
Hosted by WCCL Creative Director Danielle Gardner.

At the start of the pandemic, as a collective we were taking note of all of the pain, suffering and damage that was being done to our physically bodies, spirits and well being. Dance has been proven to provide happiness and oxytocin helping individuals live a healthier life with purpose and passion. As we continue to fight this battle WCCL wants to do our part for the next generation. As a team we feel it is the perfect time to bring our limited Choreographic Mentorship back!! Let's get healthy, motivated and ready to unleash your creativity.

During our mentorship we will be focusing on how to achieve artistic success while adhering to Health BC's guidelines, Choreographic tools, teaching techniques, how to rock a Zoom class, navigate negotiations, get the perfect head shot, brand your work, all while finding peace within to be the true artist you can be.

That is just the beginning!

We will be inviting top of the line teachers & choreographers from around Canada, in class & via Zoom to work with our mentees in hopes to inspire and help guide you gracefully into the world of the arts & beyond.

If you are an artist transitioning out of high school, an artist in university or an artist that simply wants to be creative, we are here help.

All levels and ages are welcome.

Perfection is not our specialty.

Imperfection is.

Why choose Choreo Lab?

.We care about your well being

.Class sizes & programs are small to support education quality

.We want you to succeed and will continue mentorship past program end date

.Teaching Opportunities

.Community Support



Requirements:

Ages 16+
5 Years dance experience- minimum

Location:

TBA

Schedule: Sunday's Via Zoom

10:00am-11:00am Guest Instructor
11:00am-11:30pm Choreo lab

Dates:

October 4th, 11th, 18th, 25th
November 1st, 8th, 15th, 22nd (Filmed)

Program Cost:

\$30 Per Session

Total= \$240.00

Add On's: (Not Mandatory)

- Head Shot Session with Brett Harvey Photography \$400
- 1 on 1 Mentorship \$60 Hour
- WCCL Apparel \$40

SM: @westcoastchoreolab

Learn More: www.westcoastchoreolab.com

Registration: westcoastchoreolab@gmail.com

(Payment due at registration)

|Mentorship Program|

Registration Form

2020

DANCER NAME: _____

BIRTH DATE (Month/Day/Year):

AGE(NOW):

PARENT/GUARDIAN NAME (16 & Under)

#1: _____

PHONE:

PARENT/GUARDIAN NAME

#2: _____

PHONE: _____

ALTERNATE EMERGENCY CONTACT/

PHONE: _____

PARENT EMAIL: _____

MAILING ADDRESS: _____

POSTAL CODE: _____

PLEASE NOTE ALL HEALTH CONCERNS:

**Assumption of the risk and waiver of liability relating to athletics & Coronavirus/
Covid-19 :**

I _____, hereby acknowledge that practicing dance is a potentially hazardous activity. I agree that the participant is voluntarily entering and assuming all risks associated with participating in those activities, including but not limited to food allergies, falls, contacts with other participants, the effects of weather including heat and or humidity, the conditions of the training grounds and facilities, and potential spread of sickness such as cold, flu or Covid-19 all risks being understood and appreciated by me. Individuals that have travelled outside of the country within the previous 14 days or who are sick or who have been in contact with someone who is suspected of having Covid-19 must not use facilities or attend dance classes. This access may be withdrawn at anytime based on healthy agency recommendations. Having read this waiver, and knowing these facts, and acceptance of this application, I hereby waive and release West Coast Choreo Lab and Ignite Dance Center and its officers, directors, agents, contractors, employees, instructors, trainers, volunteers, members, representatives and all affiliated and related companies from all claims and liabilities of any kind arising out of the participants involvement in practicing, or training, while registered as a participant and participating in any and all West Coast Choreo Lab sanctioned activities, events, practice sessions or social activities at any location (notwithstanding the location where the participant originally registered), including injury, loss or damage which might be caused by the negligence of WCCL.

The participant acknowledges that he/she is aware of the possible risks, dangers and hazards associated with participation in WCCL Activities, including all manner of injuries resulting in muscular injuries and soft tissue injuries including bruises, scrapes, cuts, etc., from executing strenuous and demanding physical techniques, collisions with the wall, floor, ground contact with other participants or equipment used by other participants and failure in proper use of the equipment or techniques either by the participant or other participants; and the possible risk of severe or fatal injury to the participant or others.

The participant acknowledges that the participants risk of injury increases as the participant becomes fatigued. The participant agrees to stay home if unwell or showing signs of sickness related to Covid-19. The participant further acknowledges that such risks may be caused by the participants own actions or inactions, the action or inactions of others participating in the WCCL Activities, the condition in which the WCCL Activities take place, or the negligence of WCCL. Lastly, you the parent, the guardian and or the participant, acknowledges that West Coast Choreo Lab or Director, Danielle Gardner will not be liable or expected to refunded said individual due to sickness and or injury unless a doctors note is provided.

Date Signed: _____

Child's Name: _____

Parent Signature & or 2nd Party Guardian: _____

Once forms have been completed and payment has been received by
daniellegardner6@gmail.com you will be notified with further details.